Date	Time	Facebook	Instagram	Twitter	LinkedIn
		In the world of full of competitions,	In the world of full of competitions,	I am more than willing to be part of your	In the world of full of competitions,
		sometimes, you could not able to succeed	sometimes, you could not able to succeed	team and be successful together.	sometimes, you could not able to succeed
		by yourself alone. You need a partner that	by yourself alone. You need a partner that	#businessowners #virtualassistant	by yourself alone. You need a partner that
		has the same perspective as yours in	has the same perspective as yours in	#together #success photo credited to the	has the same perspective as yours in
		dealing life to be successful. The word	dealing life to be successful. The word	owner	dealing life to be successful. The word
		"together" is just a simple word but it needs	"together" is just a simple word but it needs		"together" is just a simple word but it needs
		all the trust and efforts to be part of the	all the trust and efforts to be part of the		all the trust and efforts to be part of the
		word "together". Just like Henry Ford's	word "together". Just like Henry Ford's		word "together". Just like Henry Ford's
		saying, there will be a success in	saying, there will be a success in "together".		saying, there will be a success in "together".
		"together". And I am more than willing to	And I am more than willing to be part of		And I am more than willing to be part of
05/20/20 WED	09:00	be part of your team and be successful	your team and be successful together.		your team and be successful together.
		together. #businessowners	#businessowners #virtualassistant		#businessowners #virtualassistant
		#virtualassistant #together #success photo	#together #success photo credited to the		#together #success photo credited to the
		credited to the owner	owner		owner
		Coming together is a beginning , staying together is progress , and working together is success . - Henry Ford	Coming together is a beginning , staying together is progress , and working together is success . - Henry Ford	Coming together is a beginning , staying together is progress , and working together is success . - Henry Ford	Coming together is a beginning , staying together is progress , and working together is success . - Henry Ford Goolco:
		K. Lyn's Virtual Assistant Services is an	K. Lyn's Virtual Assistant Services is an	All about K. Lyn's Virtual Assistant	K. Lyn's Virtual Assistant Services is an
		individual effort that is looking for	individual effort that is looking for	Services. Need assistance for your growing	
		someone who needs an assistant virtually.	someone who needs an assistant virtually.	business? Just contact me right away. It's	someone who needs an assistant virtually.
		K.Lyn is named from the owner itself, Mrs.		always grateful to serve you!	K.Lyn is named from the owner itself, Mrs.
		Kharyl Lyn Mercurio. It was established in	Kharyl Lyn Mercurio. It was established in	#medicalnutritionistassistant	Kharyl Lyn Mercurio. It was established in
		May 2020. This virtual assistant service	May 2020. This virtual assistant service	#virtualassistant #socialmadiamanager	May 2020. This virtual assistant service
		offers Medical Nutritionist Assistance,	offers Medical Nutritionist Assistance,		offers Medical Nutritionist Assistance,
		General Virtual Assistance and Social	General Virtual Assistance and Social		General Virtual Assistance and Social
		Media Management. The service can be	Media Management. The service can be		Media Management. The service can be
		personalized depending on the client's	personalized depending on the client's		personalized depending on the client's
05/21/20 THURS	09:00	needs. Its goal is to provide competency to	needs. Its goal is to provide competency to		needs. Its goal is to provide competency to
		meet the expectations of the clients and	meet the expectations of the clients and		meet the expectations of the clients and
		gain trust from every client. Need	gain trust from every client. Need		gain trust from every client. Need
		assistance for your growing business? Just	assistance for your growing business? Just		assistance for your growing business? Just
		contact me right away. It's always grateful	contact me right away. It's always grateful		contact me right away. It's always grateful
		to serve you! #medicalnutritionistassistant	1		to serve you! #medicalnutritionistassistant
		#virtualassistant #socialmadiamanager	#virtualassistant #socialmadiamanager		#virtualassistant #socialmadiamanager

		all About - catablished in May 2020 - moned by Var. Rhard Lyu Mercaria - differs Medical Netritionist - differs Medical Netritionist - differs Medical Menagement - and Social Media Management - and Social Media Medi	all about - catalithed in May 2020 - month by Nr. khard Lyn Meccurio - differs whetlen Northinnis - di	all about - established in May 2020 - woned by Mrs. Bhard Lyd Mercaria - Offers Medical Narthinust - Offers Medical Narthinust - Assistance and Social Media Managengel	all about - catalistical in May 2020 - cannot be Mrs. threat for Mercurion - after Medical Sutritionist - after Medical Sutritionist - and Social Media Management - and Social Media Management - and Social Media Management
05/22/20 FRI	21:00	TGIF never gets old. But business owners might not able to say this even once because of the nature of their work. If they stop thinking and doing the things that are best for the company, the company might suffer. K. Lyn's Virtual Assistant Services is very much effective to help business owners to lessen their work loads especially administrative work and do social media sites to broaden the business network. Then, one business owner might say "TGIF!". #TGIF #administrativesupport #virtualassistant Life is good, especially on a- Tiday!	TGIF never gets old. But business owners might not able to say this even once because of the nature of their work. If they stop thinking and doing the things that are best for the company, the company might suffer. K. Lyn's Virtual Assistant Services is very much effective to help business owners to lessen their work loads especially administrative work and do social media sites to broaden the business network. Then, one business owner might say "TGIF!". #TGIF #administrativesupport #virtualassistant		TGIF never gets old. But business owners might not able to say this even once because of the nature of their work. If they stop thinking and doing the things that are best for the company, the company might suffer. K. Lyn's Virtual Assistant Services is very much effective to help business owners to lessen their work loads especially administrative work and do social media sites to broaden the business network. Then, one business owner might say "TGIF!". #TGIF #administrativesupport #virtualassistant
05/23/20 SAT	09:00	Saturday Health Tips: Stay healthy and stay at home. https://bit.ly/2WGw8x9 #stayhealthy #stayathome FIGHT INFECTIONS AND DISEASES Stay indoors to minimize contracting infections and diseases. Here are some "nurritions" advice to help fight the COVID-19 pandemic from the Department of Science and Technology Food and Nutrition Research Institutes (DOST-PNRIS): **INDOOR OF THE PROPERTY OF THE	Saturday Health Tips: Stay healthy and stay at home. https://bit.ly/2WGw8x9 #stayhealthy #stayathome FIGHT INFECTIONS AND DISEASES Stay indoors to minimize contracting infections and diseases. Here are some "nutritiona" addies to help flight the COVID-19 pandemic from the Department of Science and Technology food and Nutrition Research Institute (0051-PNRI):	Saturday Health Tips: Stay healthy and stay at home. https://bit.ly/2WGw8x9 #stayhealthy #stayathome FIGHT INFECTIONS AND DISEASES Stay indoors to minimize contracting infections and diseases. Here are some "nutritious" advice to help right the COVID-19 pandemic from the Department of Science and Technology- Bood and Nutrition Research Institute (DOST-FNR):	Saturday Health Tips: Stay healthy and stay at home. https://bit.ly/2WGw8x9 #stayhealthy #stayathome FIGHT INFECTIONS AND DISEASES Stay indoors to minimize contracting infections and disease. Here we some "nutritious" advice to help fight the Corology food and Nutrition Research institute (DOST-TNRI): FOOD and Warring and State Corology food and Nutrition Research institute (DOST-TNRI):
		Sunday Fun! Post an emoticon of your current mood #blessedsunday	Sunday Fun! Post an emoticon of your current mood #blessedsunday	Sunday Fun! Post an emoticon of your current mood #blessedsunday	Sunday Fun! Post an emoticon of your current mood #blessedsunday

05/24/20 SUN	09:00				
05/25/20 MON	09:00	To be Driven By Passion https://www.facebook.com/watch/?v=212246743323916 #focus #determination #consistency #FVAConsultancy **To be Driven By Passion https://www.facebook.com/watch/?v=212246743323916 #focus #determination #consistency #FVAConsultancy **To be Driven By Passion https://www.facebook.com/watch/?v=212246743323916 **To be Driven By Pas	To be Driven By Passion https://www.facebook.com/watch/?v=212246743323916 #focus #determination #consistency #FVAConsultancy	To be Driven By Passion https://www.facebook.com/watch/?v=212246743323916 #focus #determination #consistency #FVAConsultancy	To be Driven By Passion https://www.facebook.com/watch/?v=212246743323916 #focus #determination #consistency #FVAConsultancy
05/26/20 TUE	09:00	5 Reasons to Hire Virtual Assistant Right Now https://bit.ly/3g3oKUb #virtualassistant #balancelife #klynsvaservices 5 Reasons to Hire a Virtual Assistant Right Now 1.Lower your cost of doing business 2.Increase your level of productivity 3.Improve efficiency 4.Add business flexibility 5.Achieve Balance in Life!	5 Reasons to Hire Virtual Assistant Right Now https://bit.ly/3g3oKUb #virtualassistant #balancelife #klynsvaservices 5 Reasons to Hire a Virtual Assistant Right Now 1.Lower your cost of doing business 2.Increase your level of productivity 3.Improve efficiency 4.Add business flexibility 5.Achieve Balance in Life!	5 Reasons to Hire Virtual Assistant Right Now https://bit.ly/3g3oKUb #virtualassistant #balancelife #klynsvaservices 5 Keasows to Hire a Virtual Assistant Right Now 1.Lower your cost of doing business 2.Increase your level of productivity 3.Improve efficiency 4.Add business flexibility 5.Achieve Balance in Life!	5 Reasons to Hire Virtual Assistant Right Now https://bit.ly/3g3oKUb #virtualassistant #balancelife #klynsvaservices 5 Reasons to Hire a Virtual Basistant Right Now 1.Lower your cost of doing business 2.Increase your level of productivity 3.Improve efficiency 4.Add business flexibility 5.Achieve Balance in Life!